

BODYWORK COMPANY DANCE STUDIOS

ADULT CLASS TIMETABLE 2010/11

TIME	TEACHER	CLASS	LEVEL	STUDIO
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MONDAY

6.45-7.45pm	Emma Kerr	Pilates	General	1
6.45-7.45pm	Amanda Mansfield	Ballet	Beginners	4
7.45-8.45pm	Sandra Duke	Jazz Fitness	General	1
7.45-8.45pm	Amanda Mansfield	Contemporary	Beginners	2
7.45-8.45pm	Orsoyla Ihase	Zumba Fitness	General	4

TUESDAY

7.00-8.00pm	Theresa Kerr	Jazz	Advanced	1
8.00-9.00pm	Schkeela Osbourne	Street Dance	General	1
7.30-8.30pm	Chris Bond	Yoga	General	Brookside

*** Please note this Yoga class is not at the Glisson Road site**

WEDNESDAY

7.00-8.00pm	Orsoyla Ihase	Zumba Fitness	General	1
8.00-9.00pm	James Fordham	Jazz	Beginners	4

THURSDAY

6.00-7.00pm	Kate Durrant	Ballet	Inter	2
7.30-8.30pm	Chris Bond	Yoga	General	2
7.00-8.00pm	Kate Durrant	Contemporary	Inter	4

FRIDAY

7.00-8.00pm	David Birch	Jazz	Inter	4
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SATURDAY

10.00-11.00am	Theresa Kerr	Weekend Workout	General	1
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BODYWORK COMPANY MEMBERSHIP

General	£55.00 per year
Student (Full Time)	£35.00 per year
Language Student (3 months)	£25.00

Dance & Aerobic Classes

Single Class (Members)	£5.00
Non-Members	£7.00

Multiple Class Purchases (only available for members)

5 Classes	£22.50
10 Classes	£44.00
15 Classes	£63.00
20 Classes	£82.00
30 Classes	£120.00

Timetable is subject to change Tel – 01223 314461 or email

admin@bodyworkds.co.uk

www.bodywork-dance.co.uk

Classes are based at:

25-29 Glisson Road, Cambridge, CB1 2HA and 17 Brookside, Cambridge, CB2 9JE